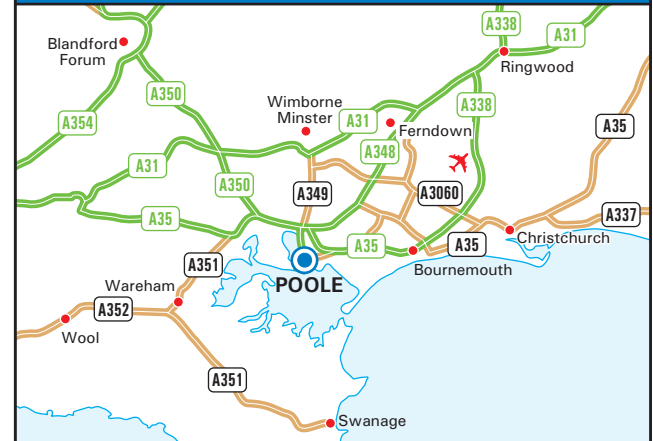


**NHS**

Giving blood saves lives  
[blood.co.uk](http://blood.co.uk)

**Blood Donor Centre**  
 The Dolphin Centre - 190-196 High Street  
 Poole Dorset BH15 1SX  
 Phone 01454 841 455 - Fax 01454 878 788



**From the A31**

Leave the A31 at the roundabout junction with the A349, south of Wimborne Minster.  
 Join the A349 following signs for Poole.  
 Continue on Waterloo Road (A349).  
 Turn right at traffic light onto Cabot Lane (A349).  
 Turn left at next set of lights onto Broadstone Way (A349).  
 Continue to the "Holes Bay" Roundabout.  
 At the roundabout, turn left onto Holes Bay Road (A350).  
 Prior to the roundabout by Asda, turn left onto Towngate Bridge (A350).  
 Continue to the "George Roundabout" and take the fourth exit returning back down Towngate Bridge (A350).  
 Turn left into the Dolphin Centre Car Park.  
 From the car park follow signs to the shopping centre.  
 We are located inside the Boots store, which is on the Ground Floor.

**By Train**

Poole Station is served by trains from London Waterloo, Bournemouth, Southampton and Weymouth.  
 We are a short walk from the station.  
 For further information on train times and fares telephone the National Rail Enquiry Line on 08457 48 49 50.