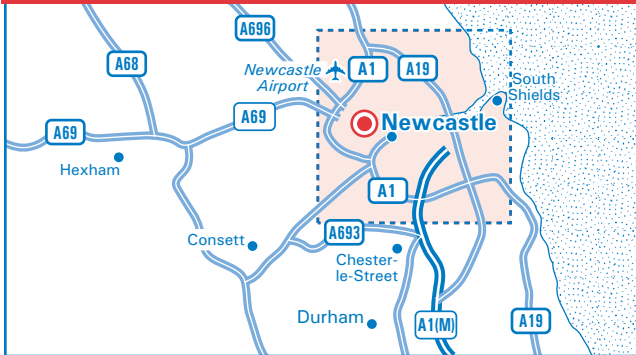




National Blood Service
 Holland Drive - Newcastle upon Tyne NE2 4NQ
 Phone 0191 219 4400 - Fax 0191 219 4505



From the A1/A1M Northbound

- Follow the A1 and A1M Northbound.
- After a short while the road forks with the A1 bearing left and the A194(M) to the right.
- Follow the A1 Western by-pass past the Angel of the North and Team Valley Retail Park on the right.
- Turn right onto the A184, signed Newcastle and Gateshead, stay in the right hand lane and join the A189 over the Redheugh Bridge.
- Get into the left hand lane and go through five sets of traffic lights, St James' Park (Newcastle United FC) will be straight ahead.
- At the roundabout turn left into Barrack Road (still the A189).
- The Newcastle Centre is about half a mile up Barrack Road through three sets of traffic lights.

- At the fourth set of lights, turn right into Holland Drive (BMW dealer on the corner).
- The National Blood Service is located on the right-hand side, NBS car parks are on both sides of the road.

From the A696 Southbound

- Follow the A196 southbound, pass Newcastle Airport and at the next junction take the third exit from the roundabout onto the A167, signed City Centre.
- Continue on the A167, over four roundabouts and at the next junction turn right onto the A189, signed St James' Park.
- Take the second left into Holland Drive (BMW dealer on the corner).
- The National Blood Service is located on the right-hand side, NBS car parks are on both sides of the road.

By Train

- Newcastle Central Station receives regular services from London King's Cross Station.
- Taxis are available from outside the Station.
- For further train service information, please telephone the National Rail Enquiry Line on 08457 48 49 50.

